# 1. Department of Tapovan

### **Introduction:**

The Department of Tapovan undertakes Garbhadhan Samskara and Garbha Sankar to produce the best, the most unique, and divine progeny. Indian sages have relied on Garbha-Vigyan and Garbha-Samskar to produce greater children for millennia. Focusing on the Motto - "Every Child Matters" and the concept of Pavhkoshiya Vikas, the Department of Tapovan offers a wide range of services, as Garbha Samskar in both virtual and brick-and-mortar classrooms, as well as seminars, workshops, and awareness programs. This department fosters the health and happiness of unborn children and aspiring mothers.

### **Objectives:**

To establish, conduct and promote an center of extension services

- To spread awareness for the Garbhadhan Samskar, the most revered rite performed in India before a child is born.
- Aiming towards an understanding of what makes for a happy mother, a Healthy Baby, and a Prosperous Nation

### **Functions:**

- To provide continuous counseling, education (activities based Garbhsamskar and prenatal education) to the pregnant women
- To provide a guidance and counseling to the newly married couple, young couples for the pregnancy planning (Devine Progeny Uttam Dampati Divya Santati)
- To create awareness and eradicating superstitions related to pregnancy
- To organize various seminars and training program for the newly married couple, pregnant women, Anganwadi workers
- To work for the re-establishing prenatal education which was prevalent in ancient time
- To develop a scientific approach related to the Prenatal care and Garbhsanskar
- To carry out research studies for various aspect related to Pregnant Women



### Activities Carried out : Activity/Program:-1 :

Children's University Gandhinagar organized Simantonnayan Sanskar for pregnant women on 2<sup>nd</sup> August, 2022, Tuesday from 9:00 am onwards. In which 25 couples participated. Simantonnayan Sanskar was performed with vedic rituals to ensure good health of pregnant women and their unborn babies. More than 100 people were present in this program. This program was organized under the guidance of Hon'ble vice-chancellor Dr. Harshadbhai Patel. The Simantonnayan Sanskar of pregnant women

having sixth and seventh months of pregnancy were performed according to Vedic rituals. Hon'ble vicechancellor Dr. Harshadbhai Patel gave blessing to the couple with good wishes on this occasion. Dr. Harshadbhai Patel said that, today he is having a different kind of feeling when a family is depriving their daughter. Shri Jaydev Dhandiya, a teacher of the university, performed the Simantonnayan Sanskar. Ayurvedacharya Dr. Vrundan Jayswal had coordinated this program. Program was anchored by Dr. Sunil Jadav. Each pregnant women was gifted a silver coin by the University.



Children's University, Gandhinagar organized two programs on 24<sup>th</sup> December, 2022 under the extension center 'Baalucherni Barakshari' and 'Dharanthi Santati Avtaran'. Former vice-chancellor of SNDT Women's University Dr. Sasikala Vanzari was specially present as a chief guest in the program. Program was presided over by Hon'ble vice-chancellor Dr. Harshadbhai Patel. Both the programs were attended by a large number of audiences including children up to three years along with their parents, pregnant women and newly married couples. The 'Baalucherni Barakshari' program was organized by the Child Counseling Department which started at 11.30 am. The director of the extension center Prof. Ranjit Singh Pawar gave Introduction of the program. Head of the Department of Shishuparamarshan Center Dr. Rupambahen Upadhyay gave detailed guidance on the role of family in child rearing.





After which Abhinaya song was presented by Mrs. Divyaben Rawal, coordinator of Shishuparamarshan Kendra, and the importance of the activities of Shishuparamarshan Kendra was introduced and explained. After which the response was given by the beneficiary parents of the Child Counseling Centre. In which one parent said, "My two-and-a-half-year-old child speaks pure syllables with the practice of reciting Sanskrit verses," while another parent told the participants to take advantage of the Shishuparamarshan Kendra.

## 2. Department of Shishuparamarshan

### **Introduction :**

According to Section 6, (11) of the Children's University Act, the Department of Shishu Paramarshan, is functioning. Parents of children from birth to three years of age enroll in the Shishu Paramarshan Department under the Extension Center of Children's University to receive guidance regarding the excellence and holistic development of child and as well as child rearing. The child speaks and acts as the family speaks and acts. If the parents and the family have the desire to have excellent children, then the family should first prepare for it. After the birth of the child, parents and families can take full care of the child, get guidance on all aspects of child development, and take appropriate decisions regarding various dilemmas related to childcare. The "Shishu Paramarshan Department" is functioning in Children's University.

Another objective of Shishu Paramarshan is to assist children and their mothers or family members in coping with various challenges and difficulties they may encounter during children's formative years. These challenges can include family conflicts, peer relationships, emotional issues, behavioral problems, and other developmental concerns. counselors work collaboratively with children, their parents or guardians. Shishu Paramarshan typically involves creating a safe and confidential environment for child and mother both. The role of a counselor is multifaceted. They work closely with parents or guardians, providing guidance on effective parenting strategies and creating a supportive home environment for the child's well-being.

### **Objectives:**

- To work for the Holistic development of Toddlers according to Bhartiya Tattvgyan.
- To impart an understanding of Holistic development and child rearing to parents of toddlers.
- To carry out research work in all subjects related to Toddler
- To create community awareness of the needs of the Shishu Paramarshan and to elicit and build a community environment and participation in the program.

### **Functions:**

- Work for holistic development of the toddlers according to Bhartiya Tattvgyan.
- Design an informal curriculum for holistic development of the toddler.
- Impart understanding of holistic development and child rearing to parents of toddler.
- Organize an awareness program for parents and other concerned persons related to toddler.
- Carry out research work in all subjects related to Toddler
- Create community awareness of the needs of the Shishu Paramarshan department and to elicit and build community environment and participation in the programme.

### Activity:

Children's University, Gandhinagar organized program on 24<sup>th</sup> December 2022 under the Extension Center 'Baalucherni Barakshari' and 'Dharanthi Santati Avataran'. Former Vice-Chancellor of SNDT Women's University Dr. Sasikala Vanzari was present in the program as a chief guest. The program was presided by Vice-Chancellor of Children's University Dr. Harshadbhai Patel. Both the programs were attended by a large number of children upto three years along with their parents, pregnant women and newly married couples. The 'Baalucheri Barakshari' program



organized by the Child Counseling Department was started at 11.30 am. In which the director of the extension center Prof. Ranjit Singh Pawar gave introduction of the program to the participants. Head of the Department of Shishuparamarshan Center Dr. Rupambahen Upadhyay gave detailed guidance on the role of family in child rearing.

Abhinaya song was presented by Mrs. Divyaben Rawal, coordinator of Shishuparamarshan Kendra, and the importance of the activities of Shishuparamarshan Kendra was introduced and explained by her. Experiences were shared by the beneficiary parents of the Child Counseling Centre. One of the beneficiaries shared that due to chanting of Sanskrit sloka his two-and-a-half-year-old child speaks with clear pronunciations. While another parent requested all the participants to take advantage of the Shishuparamarshan Kendra.

